


Curriculum Vitae

Name	Yao He	
Country	China	
Organization	The First Affiliated Hospital of ZhongShan University	
Current Position	Professor , doctoral supervisor	

Educational Background

1985-1991: Undergraduate student, Sun Yat-sen University of Medical Sciences, MBBS awarded
1995-2000: Postgraduate student, Sun Yat-sen University of Medical Sciences, Ph.D. awarded
2005-2008: Postdoctoral fellow, Cedars-Sinai Medical Center, USA
2012.7-2012.9: Visiting scientist, The University of Texas Southwestern Medical Center , USA

Professional Experience

1991-1998: Resident, The First Affiliated Hospital, Sun Yat-sen University of Medical Sciences
1998-2002: Attending physician and lecturer, Division of Gastroenterology, The First Affiliated Hospital, ZhongShan University
2002-2009: Associate professor, Division of Gastroenterology, The First Affiliated Hospital, ZhongShan University
2010-to date: Professor, Division of Gastroenterology, The First Affiliated Hospital, ZhongShan University

Professional Organizations

Vice group leader, IBD group, Digestive Diseases Branch of Chinese Medical Association, China
Vice-president, Endoscopy Branch of Guangdong Medical Doctor Association, China
Vice-president, Digestive Diseases Branch of Guangdong pharmaceutical association, China
Vice-president, Endoscopy Branch of Guangdong association of hepatology, China
Vice group leader, Nutrition support group, Digestive Disease Branch of Guangdong Medical Association, China

Main Scientific Publications

- (1) Feng R, Xu PP, Chen BL, Mao R, Zhang SH, Qiu Y, Zeng ZR, Chen MH, He Y (Correspondence). CYP2C19 polymorphism has no correlation with the efficacy and safety of thalidomide for the treatment of immune-related bowel disease. J Dig Dis accepted 2020
- (2) He Y, Zhu Z, Chen Y, Chen F, Wang Y, Ouyang C, Yang H, Huang M, Zhuang X, Mao R, Ben-Horin S, Wu X, Ouyang Q, Qian J, Lu N, Hu P, Chen M. Development and validation of a novel diagnostic nomogram to differentiate between Intestinal tuberculosis and Crohn's Disease: A 6-year prospective multi-center study. Am J Gastroenterol 2019 Mar;114(3):490-499
- (3) He Y, Mao R, Chen F, Xu PP, Chen BL, Wu Y, Qiu Y, Zhang SH, Feng R, Zeng ZR, Ben-Horin S, Chen MH. Thalidomide induces clinical remission and mucosal healing in adults with active Crohn's disease: a prospective open-label study. Therap Adv Gastroenterol. 2017 May;10(5):397-406

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- (4) (2) He Y, Chen YJ, Chen BL, Wu Y, Chen F, Mao R, Zhang SH, Yu Q, Zeng ZR, Hu PJ, Chen MH. The value of empiric anti-tuberculosis therapy in the differential diagnosis between intestinal tuberculosis and Crohn's disease in China. *Int J Clin Exp Med*. 2016;9(6):9278-85.
- (5) (3) He Y, Xu P, Chen Y, Yang R, Chen B, Zeng Z, Chen M*. Prevalence and influences of hepatitis B virus infection on inflammatory bowel disease: a retrospective study in southern China. *Int J Clin Exp Med*. 2015;8(5):8078-85.
- (6) (4) Long SH, He Y(Correspondence), Chen MH, Cao K, Chen YJ, Chen BL, Mao R, Zhang SH, Zhu ZH, Zeng ZR, Hu PJ. Activation of PI3K/Akt/mTOR signaling pathway triggered by PTEN downregulation in the pathogenesis of Crohn's disease. *J Dig Dis*. 2013; 14(12): 662-669.
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